Wellness Centre Activities.

September



MON	TUE	WED	THU	FRI
	1	2 Spring begins in September, Exercise & Bingo	3 Dominoes, Exercise & Bingo	4 The Mahjong, Exercise & Bingo
7 Theme T-Shirt Week **BUS TRIP** Movie at Star Casino	8	9 Theme T-Shirt Week, Exercise & Bingo	10 Theme T-Shirt Week, Exercise & Bingo	11 Theme T-Shirt Week, Exercise & Bingo
14 Triominos, Exercise & Bingo	15 Chinese Club **BUS TRIP** Swell Festival	16 Crafts, Exercise & Bingo	17 Rummy-O Game, Exercise & Bingo	18 Mini Golf, Exercise & Bingo
21 Spring Colouring, Exercise & Bingo	22 Japanese Club **BUS TRIP** Show in Twin Towns	23 Anti-Stress Therapy Colouring Books Exercise & Bingo	24 Table Games, Exercise & Bingo	25 The Mahjong, Exercise & Bingo
28 Table Games Exercise & Bingo	29	30 Spring Colouring, Exercise & Bingo		

Wellness Centre Activities.

October



MON	TUE	WED	THU	FRI
			1 Dominoes, Exercise & Bingo	2 The Mahjong, Exercise & Bingo
5 PUBLIC HOLIDAY	6	7 Rummy-O Game, Exercise & Bingo	8 Table Games, Exercise & Bingo	9 The Mahjong, Exercise & Bingo
12 Triominos	13 **BUS TRIP** Mayor's Seniors Concert	14 Anti-Stress Therapy Colouring Books Exercise & Bingo	15 Table Games Exercise & Bingo	16 The Mahjong, Exercise & Bingo
19 Halloween Craft	20 Chinese Club	21 Halloween Craft	22 Halloween Craft	23 Halloween Craft
26 OKTOBERFEST Entertainment	27 Japanese Club	28 OKTOBERFEST Entertainment	29 OKTOBERFEST Entertainment	30 OKTOBERFEST Entertainment

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