

Wellness Centre Activities

September 2026



Highlights



MON

TUE

WED

THU

FRI

	Wellness Centre closed 1	Spring begins in September, Exercise & Bingo 2	Dominoes, Exercise & Bingo 3	The Mahjong, Exercise & Bingo 4
Theme T-Shirt Week BUS TRIP Movie at Star Casino 7	Wellness Centre closed 8	Theme T-Shirt Week, Exercise & Bingo 9	Theme T-Shirt Week, Exercise & Bingo 10	Theme T-Shirt Week, Exercise & Bingo 11
Triominos, Exercise & Bingo 14	Chinese Club BUS TRIP Swell Festival 15	Crafts, Exercise & Bingo 16	Rummy-O Game, Exercise & Bingo 17	Mini Golf, Exercise & Bingo 18
Spring Colouring, Exercise & Bingo 21	Japanese Club BUS TRIP Twin Towns Show 22	Anti-Stress Therapy Colouring Books Exercise & Bingo 23	Table Games, Exercise & Bingo 24	The Mahjong, Exercise & Bingo 25
Table Games Exercise & Bingo 28	Wellness Centre closed 29	Spring Colouring, Exercise & Bingo 30		

Contact Us to Book

☎ 07 5620 3805

📍 1 Dominions Rd, Ashmore

✉ info@cura.org.au

🌐 www.cura.org.au



Bus Trip Schedule September 2026



OUTING DETAILS

DESCRIPTION

JOIN US!

**Monday, 7th
September**
10:00 AM - 2:00 PM
The Star Theatre

Dear You Movie

Xiaowei travels to Thailand to find his "billionaire grandfather", whom debt problems have kept out of contact, but he unexpectedly finds that the one who has been corresponding with his grandmother for years is not her husband.

Cost: \$20 for transport and \$5 for a movie ticket. The ticket is free for Star Casino members. Lunch can be purchased at The Star Casino at your own expense.

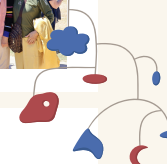


**Tuesday, 15th
September**
10:00 AM - 2:00 PM
Currumbin Beach

SWELL Sculpture Festival

Over 80 large-scale contemporary sculptures are set among the natural landscape of Currumbin Beach, Queensland.

Cost: \$20, which includes transport and morning tea. Lunch at Tugun Tavern is extra.



**Tuesday, 22nd
September**
10:00 AM - 2:00 PM
Twin Towns

BRIT BEAT MANIA - Show in Twin Towns

Brit Beat Mania is widely regarded as one of Queensland's best Pop Tribute Show Bands. Be ready to be entertained and transported back to the era that changed the musical landscape around the world: The Sound of the 60's.

Cost: \$35, which includes transport and a show ticket, plus an extra cost for lunch at Twin Towns.



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