

# Wellness Centre Activities

## July



### Highlights



MON

TUE

WED

THU

FRI

		Anti-Stress - Therapy Colouring Books  1	Table Games  Exercise & Bingo 2	The Mahjong,  Exercise & Bingo 3
 Triominos, Exercise & Bingo 6	Wellness Centre closed 7	Table Games,  Exercise & Bingo 8	Rummy-O Game, Exercise & Bingo 9	The Mahjong,  Exercise & Bingo 10
 Triominos, Exercise & Bingo 13	<b>BUS TRIP</b>  14	Mini Golf, Exercise & Bingo  15	Carpet Bowling,  Exercise & Bingo 16	Mini Golf,  Exercise & Bingo 17
 Christmas in July <b>BUS TRIP</b>  20	Chinese Club  CENSUS 2026 Information Session 21	Christmas in July  22	Christmas in July  23	Christmas in July  24
CENSUS 2026 Information Session Australian Bureau of Statistics 27	Japanese Club  CENSUS 2026 Information Session 28	CENSUS 2026 Information Session Australian Bureau of Statistics 29	CENSUS 2026 Information Session Australian Bureau of Statistics 30	CENSUS 2026 Information Session Australian Bureau of Statistics 31

Contact Us to Book

 07 5620 3805






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# Bus Trip Schedule July

OUTING DETAILS	DESCRIPTION	JOIN US!
<p><b>Tuesday, 14th July</b> <b>10:00 AM - 2:00 PM</b></p>	<p><b>Trip to Charles Holm Park in Santa Barbara.</b> Nestled along the Coomera River, this peaceful retreat features lush green lawns and beautiful waterfront views, perfect for picnics, leisurely walks, and even a bit of water play. We will enjoy morning tea at the park before heading to The Boardwalk Tavern in Hope Island, where you can purchase your own lunch.</p> <p>Cost \$20 which includes transport and morning tea. Lunch at your own expense.</p>	 
<p><b>Monday, 20th July</b> <b>10:00 AM - 2:00 PM</b> <b>The Star Theatre</b></p> 	<p><b>Star Wars: The Mandalorian</b> Once a lone bounty hunter, Mandalorian Din Djarin and his apprentice Grogu embark on an exciting new Star Wars adventure.</p> <p>Cost: \$20 for transport and \$5 for a movie ticket. The ticket is free for Star Casino members. Lunch can be purchased at The Star Casino at your own expense.</p>	 

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