

DIETETIC SERVICE FOR

Support at Home Participants

Optimise Your Health with Expert
Dietitian Support

Fully covered under your Support
at Home plan – no participants'
contribution needed.



Personalised support to
meet your nutrition needs
and keep you healthy



Chronic disease
management (diabetes,
cardiovascular conditions,
etc.)



Tube feeding assessment
and care



Comprehensive nutrition
assessments (analysis of
body composition and
dietary intake)



Support for accessing
prepared meal services



Culturally tailored meal
planning based on your
preferences and
requirements



Prescription of oral
nutrition supplements to
help meet energy and
protein need



Nutritional support for age-
related conditions, such as
malnutrition, unintentional
weight loss, poor appetite,
constipation, and
swallowing difficulties






Nutrition education and
guidance for clients and
family caregivers



Group nutrition education
sessions are available on
request

Connect with us

Our team are here to help
you on your journey.
Delivering genuine care
& support.

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 info@cura.org.au
 cura.org.au



Hear from Our Participants

Meet Dr. Fatemeh Haidari (PhD, APD), a highly experienced Accredited Practising Dietitian. Fatemeh provides expert, culturally sensitive nutrition care through the Support at Home program. Her goal is to help you stay active, well-nourished, and confident in making healthy food choices that suit your lifestyle.



“Dr. Fatemeh’s advice helped me regain strength after being unwell. Her approach was respectful, supportive, and easy to follow.”



Support at Home Participant, Gold Coast



Supporting Healthy Ageing



How to Get Started

- 1.** Talk to your Care Partner to include dietitian services in your Support at Home plan
- 2.** Book your appointment with Dietitian Fatemeh
- 3.** Begin your personalised journey to better health and wellbeing



If you are seeking a compassionate and culturally sensitive approach to aged care, then Cura Aged Care is the answer. We believe in celebrating diversity and placing you at the heart of everything we do.

