

Wellness Centre Activities

May



MON

TUE

WED

THU

FRI

Highlights



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|---|--|--|--|---|
| | | | | Dominoes, Exercise & Bingo  1 |
| PUBLIC HOLIDAY 4 | Wellness Centre closed 5 | Craft Mother's Day  6 | Mini Golf, Exercise & Bingo  7 | The Mahjong  8 |
|  Triominos, Exercise & Bingo 11 | BUS TRIP  12 | Craft - Crochet  Exercise & Bingo 13 | Rummy-O Game, Exercise & Bingo 14 | Bob Set Game Exercise & Bingo 15 |
| Bob Set Game Exercise & Bingo 18 | Chinese Club  19 | Bob Set Game Exercise & Bingo 20 | Table Games, Exercise & Bingo  21 | Mini Golf, Exercise & Bingo  22 |
|  Triominos, Exercise & Bingo 25 |  Japanese Club 26 | Anti-Stress Therapy Colouring Books Exercise & Bingo  27 | Exercise & Bingo  28 | Mini Golf, Exercise & Bingo  29 |

Contact Us to Book

 07 5620 3805

 1 Dominions Rd, Ashmore

 info@cura.org.au

 www.cura.org.au



Bus Trip to Paradise Point Park

May



Situated along The Esplanade at Paradise Point, Paradise Point Parklands are the perfect location for a picnic and relaxation overlooking the water. The amazing views make this one of the most beautiful parks on the Gold Coast.

Cost: \$20, which includes transport, morning tea, and a delicious BBQ lunch.

For how to get involved, please call the Cura office.

Location: The Esplanade, Paradise Point, QLD, 4216

Date: Tuesday, 12th of May

Time: 10:00 AM - 2:00 PM



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