

# Support at Home Program (SaH)

Common Price Period Jan 2026 - Feb 2026

## Common Price List

### Our fees

This Price List outlines Cura Aged Care's standard service fees for the Support at Home program.

**We're here to help** - ensuring you receive the right services for your needs is our priority.

For more information, please contact your Cura Care Partner via **07 5620 3805**

### Independence

Support delivered to older people to help them manage activities of daily living & the loss of skills required to live independently.

\*Minimum charge 1 hour.

| Independence Supports<br>(moderate co-contribution may be required) | All Package Levels - Rate Per Hour |                      |          |        |                |
|---|------------------------------------|----------------------|----------|--------|----------------|
|   | Mon - Fri 6am to 6pm               | Mon - Fri 6pm to 6am | Saturday | Sunday | Public Holiday |
| <b>Personal care</b><br>Services may include:                       |                                    |                      |          |        |                |
| Assistance with selfcare and activities of daily living             | \$115                              | \$129                | \$161    | \$190  | \$230          |
| Assistance with the self administration of medication               | \$115                              | \$129                | \$161    | \$190  | \$230          |
| Continence management (non-clinical)                                | \$115                              | \$129                | \$161    | \$190  | \$230          |

|   |        |       |       |       |       |
|---|--------|-------|-------|-------|-------|
| <b>Social support and community engagement</b><br>Services may include: |        |       |       |       |       |
| Group social support (excluding transport)                              | \$120  | N/A   | N/A   | N/A   | N/A   |
| Group social support (including transport up to 20 klm)                 | \$140  | N/A   | N/A   | N/A   | N/A   |
| Individual social support   | \$115  | \$129 | \$161 | \$190 | \$230 |
| Accompanied activities (incl 20kms travel)                              | \$140  | \$158 | \$196 | \$231 | \$280 |
| Cultural support  | \$140  | \$158 | \$196 | \$231 | \$280 |
| Digital education and support   | \$135  | N/A   | \$189 | N/A   | N/A   |
| Assistance to maintain person affairs                                   | \$125  | \$152 | \$175 | \$206 | \$250 |
| Expenses to maintain personal affairs                                   | @ cost | N/A   | N/A   | N/A   | N/A   |

|   |       |       |       |       |       |
|---|-------|-------|-------|-------|-------|
| <b>Respite</b><br>Services may include: |       |       |       |       |       |
| Respite care                            | \$115 | \$129 | \$161 | \$190 | \$230 |



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### Independence continued ...

\*Minimum charge 1 hour.

| Independence Supports<br>(moderate co-contribution may be required)                                       | All Package Levels - Rate Per Hour   |                      |          |        |                |
|---|--|----------------------|----------|--------|----------------|
|   | Mon - Fri 6am to 6pm   | Mon - Fri 6pm to 6am | Saturday | Sunday | Public Holiday |
| <b>Therapeutic services for independent living</b><br>Services may include (in-person or via telehealth): |  |                      |          |        |                |
| Acupuncturist   | \$185  | N/A                  | N/A      | N/A    | N/A            |
| Chiropractor  | \$195  | N/A                  | N/A      | N/A    | N/A            |
| Diversional therapist   | \$185  | N/A                  | N/A      | N/A    | N/A            |
| Remedial masseuse   | \$175  | N/A                  | N/A      | N/A    | N/A            |
| Art therapist   | \$240  | N/A                  | N/A      | N/A    | N/A            |
| Osteopath   | \$175  | N/A                  | N/A      | N/A    | N/A            |
| Telehealth - Therapeutic services for independent living  | Pricing varies, with fees based on the specialist's rate and billed in 15-minute increments on a pro-rata basis. |                      |          |        |                |

| Independence Supports<br>(moderate co-contribution may be required) | All Package Levels - Rate Per Trip                                |          |           |                   |
|---|---|----------|-----------|-------------------|
|   | <5 kms  | 5-10 kms | 10-20 kms | >20 kms           |
| <b>Transport</b><br>Services may include:                           |   |          |           |                   |
| Direct transport - (driver and car provided)                        | \$75  | \$100    | \$115     | Contact for Price |
| Indirect transport (taxi or rideshare service vouchers)             | Pricing depends on third-party service delivery costs & may vary. |          |           |                   |

| Independence Supports<br>(moderate co-contribution may be required) | All Package Levels - Rate Per Item  |  |  |  |
|---|---|--|--|--|
|   | <b>Assistive technology and home modifications</b><br>Services may include:   |  |  |  |
| Assistive technology  | Pricing is flexible, with assistive technology and home modifications aligned with the <b>Home Modifications Scheme List</b> and tailored to the participant's specific needs and plan. |  |  |  |
| Home modifications  |   |  |  |  |

**MORE INFORMATION** - Pricing for assistive technology and home modifications is determined based on each participant's individual assessment by Services Australia.



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### Everyday Living

Support to assist older people to keep their home in a livable state in order to enable them to stay independent at home.

\*Minimum charge 1 hour.

| Everyday Living Supports<br>(higher co-contribution may be required - less government funding for these services is available) | All Package Levels - Rate Per Hour                        |                      |          |        |                |
|--|---|----------------------|----------|--------|----------------|
|  | Mon - Fri 6am to 6pm                                      | Mon - Fri 6pm to 6am | Saturday | Sunday | Public Holiday |
| <b>Domestic assistance</b><br>Services may include:  |   |                      |          |        |                |
| General house cleaning - essential light cleaning  | \$115   | \$129                | \$161    | \$190  | \$230          |
| Laundry services   | \$115   | \$129                | \$161    | \$190  | \$230          |
| Shopping assistance (incl 20 klms travel)  | \$140   | \$158                | \$196    | \$231  | \$280          |
| <b>Home maintenance and repairs</b><br>Services may include:   |   |                      |          |        |                |
| Gardening - essential light gardening  | \$130   | N/A                  | N/A      | N/A    | N/A            |
| Assistance with home maintenance and repairs   | \$140   | N/A                  | N/A      | N/A    | N/A            |
| Expenses for home maintenance and repairs  | Cost varies - based on third party expense cost           |                      |          |        |                |
| <b>Meals</b><br>Services may include:  |   |                      |          |        |                |
| Meal preparation   | \$115   | \$129                | \$161    | \$190  | \$230          |
| Meal delivery  | Pricing varies, determined by third-party delivery costs. |                      |          |        |                |



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### Clinical Supports

Specialised services help maintain or restore function and cognition, provided or supervised by qualified health professionals using evidence-based care.

\*Minimum charge 1 hour.

| Clinical Supports<br>(no contribution required)          | All Package Levels - Rate Per Hour                                      |                      |          |        |                |
|--|---|----------------------|----------|--------|----------------|
|  | Mon - Fri 6am to 6pm  | Mon - Fri 6pm to 6am | Saturday | Sunday | Public Holiday |
| <b>Nursing care</b><br>Services may include:             |   |                      |          |        |                |
| Registered nurse (RN)                                    | \$180   | \$203                | N/A      | N/A    | N/A            |
| Enrolled nurse (EN)                                      | \$160   | \$180                | N/A      | N/A    | N/A            |
| Nursing assistant  | \$140   | \$158                | N/A      | N/A    | N/A            |
| Nursing care consumables - specialised nursing products) | Pricing varies, determined by the cost of specialised nursing products. |                      |          |        |                |

| <b>Allied health and other therapeutic services</b><br>Services may include (in-person or via telehealth): |  |     |     |     |     |
|--|--|-----|-----|-----|-----|
| Allied health therapy assistant  | \$175  | N/A | N/A | N/A | N/A |
| Counsellor or psychotherapist  | \$220  | N/A | N/A | N/A | N/A |
| Dietitian or nutritionist  | \$225  | N/A | N/A | N/A | N/A |
| Exercise physiologist  | \$215  | N/A | N/A | N/A | N/A |
| Music therapist  | \$225  | N/A | N/A | N/A | N/A |
| Occupational therapist   | \$220  | N/A | N/A | N/A | N/A |
| Physiotherapist  | \$210  | N/A | N/A | N/A | N/A |
| Podiatrist   | \$205  | N/A | N/A | N/A | N/A |
| Psychologist   | \$250  | N/A | N/A | N/A | N/A |
| Social worker  | \$230  | N/A | N/A | N/A | N/A |
| Speech pathologist   | \$230  | N/A | N/A | N/A | N/A |
| Telehealth - Allied health services  | Pricing varies, with fees based on the specialist's rate and billed in 15-minute increments on a pro-rata basis. |     |     |     |     |



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### Clinical supports continued ...

\*Minimum charge 1 hour.

| Clinical Supports<br>(no contribution required)   | All Package Levels - Rate Per Hour   |                      |          |        |                |
|---|--|----------------------|----------|--------|----------------|
|   | Mon - Fri 6am to 6pm   | Mon - Fri 6pm to 6am | Saturday | Sunday | Public Holiday |
| <b>Allied health and other therapeutic services continued ...</b><br>Services may include:  |  |                      |          |        |                |
| Aboriginal and Torres Strait Islander health practitioner   | \$195  | N/A                  | N/A      | N/A    | N/A            |
| Aboriginal and Torres Strait Islander health worker   | \$185  | N/A                  | N/A      | N/A    | N/A            |
| Telehealth - Allied health services   | Pricing varies, with fees based on the specialist's rate and billed in 15-minute increments on a pro-rata basis. |                      |          |        |                |
| <b>Nutrition</b><br>Services may include:   |  |                      |          |        |                |
| Prescribed nutrition - prescribed supplementary dietary products (enteral and oral) and aids required for conditions related to functional decline or impairment. | Pricing varies, determined by the cost of specialised prescribed nutrition products.                             |                      |          |        |                |
| <b>Care management</b><br>Services may include:   |  |                      |          |        |                |
| Home support care management  | \$150  | N/A                  | N/A      | N/A    | N/A            |
| <b>Restorative care management</b><br>Services may include:   |  |                      |          |        |                |
| Home support restorative care management  | \$180  | N/A                  | N/A      | N/A    | N/A            |

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#### Additional information.

**Clinical consumable supply:** Clinical consumables are not covered in the above rates and will incur separate charges.

**Client presence:** Participants must be at home during service delivery unless otherwise stated in their Care Plan.

**Cancelled visits:** Please provide at least 48 hours' notice to cancel a scheduled service outside of an emergency. Failure to do so will result in a full charge for the cancelled service. This policy also applies to clients who are absent for a scheduled service or activity.

**Grandfathered HCP:** On November 1, 2025, participants with HCP Grandfathered packages will transition to our updated Support at Home services listed here.

**Out-of-scope services.** Services deemed out of scope are not funded through the Support at Home program.

**Minutes allowance:** Participants should allow an additional 15–30 minutes before and after service times to account for traffic and unforeseen delays.

**Agreed price:** This price list outlines Cura's standard service fees. In certain cases, Cura may negotiate a revised price based on specific participant requests or needs. Any agreed price changes will be agreed and documented in your Participant record.



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