

# Wellness Centre Activities

## March



MON

TUE

WED

THU

FRI

Highlights



International Women's Day Celebration  2	Wellness Centre closed 3	International Women's Day Celebration  4	International Women's Day Celebration  5	International Women's Day Celebration  6
Beer Pong Game Exercise & Bingo  9	<b>BUS TRIP</b>  10	Table Games, Exercise & Bingo  11	Rummy-O Game, Exercise & Bingo 12	The Mahjong  13
St Patrick's Day Celebration  16	Chinese Club  17	St Patrick's Day Celebration  18	St Patrick's Day Celebration  19	St Patrick's Day Celebration  20
Triominos, Exercise & Bingo  23	Japanese Club  24	Beer Pong Game Exercise & Bingo  25	Table Games, Exercise & Bingo  26	Greek Independence Day Celebration  27
Triominos, Exercise & Bingo  30	Wellness Centre closed 31			

Contact Us to Book

 07 5620 3805

 1 Dominions Rd, Ashmore

 [info@cura.org.au](mailto:info@cura.org.au)

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# *Bus Trip to Broadwater Parklands*

## *March*



### Ready for a relaxing day out?

Come along on our Bus Trip to Broadwater Parklands, where sun, sea breezes, and great company create the perfect outing. Gold Coast's most beautiful waterfront destination awaits!

**Cost: \$20**, which includes transport, morning tea, and a delicious BBQ lunch.

For how to get involved, please call the Cura office.

**Location:** Marine Parade, Southport QLD 4215

**Date:** Tuesday, 10th of March

**Time:** 10:00 AM - 2:00 PM



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