

# Wellness Centre Activities

## February



### Highlights



MON	TUE	WED	THU	FRI
Quoits Exercise & Bingo 2	Wellness Centre closed 3	Table Games, Exercise & Bingo 4	Rummy-O Game, Exercise & Bingo 5	Mahjong, Exercise & Bingo 6
Triominos, Exercise & Bingo 9	Chinese Club 10	2026 Chinese New Year Celebration 11	Table Games, Exercise & Bingo 12	Craft Valentine's Day Exercise & Bingo 13
Quoits Exercise & Bingo 16	<b>BUS TRIP</b> 17	Mini Golf, Exercise & Bingo 18	Table Games, Exercise & Bingo 19	Mini Golf, Exercise & Bingo 20
Triominos, Exercise & Bingo 23	Japanese Club 24	Rummy-O Game, Exercise & Bingo 25	Rummy-O Game, Exercise & Bingo 26	Mini Golf, Exercise & Bingo 27

Contact Us to Book

📞 07 5620 3805

📍 1 Dominions Rd, Ashmore

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🌐 www.cura.org.au

# **Bus Trip to Macintosh Park Lunch at Peter's Seafood** **February**



## **Morning Tea at Macintosh Park Lunch at Peter's Seafood**

Established in 1992 & uniquely positioned on the Gold Coast waterways, Peter's Fish Market has become a local icon and household name for providing the freshest, most delicious seafood on the Gold Coast.

**Cost \$20**, which includes transport and morning tea. Lunch at your own expense.

For how to get involved, please call the Cura office.

**Location:** 120 SEAWORLD DRIVE, MAIN BEACH

**Date:** Tuesday, 16th of February

**Time:** 10:00 AM - 2:00 PM



*Contact Us to Book*

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