



Wellness Centre

Experience the joys of socialising and the opportunity to make new friends from different cultures.



Connect and Stay Active

Our Wellness Centre is a welcoming space where seniors from diverse backgrounds come together and connect. From craft workshops to games and educational sessions, there is something for everyone to enjoy. Our beautiful kitchen offers participants the opportunity to try a variety of multicultural cuisines. We offer bus services to and from our seniors' Wellness Centre.

Why Choose Us?

- ✔ We offer a monthly calendar of customised group activities and outings.
- ✔ We have been supporting seniors for over 42 years.
- ✔ As a multicultural organisation, we can understand diverse cultural needs.

Our Programs



Bus Trips

Each month, we take bus trips to a local spot for a fun and relaxing outing.



Entertainment & Games

From board games to karaoke, there's always something fun happening.



Multicultural Cuisine

Our kitchen is a lively space where participants can enjoy a variety of cuisines together.



Craft Workshops

Unwind, learn new skills, and make art in our welcoming workshops for all levels.



Educational Session

We share knowledge on health, wellness, and other topics to navigate today's world.



VR Sessions

Explore the world from the comfort of a chair and satisfy your sense of adventure.

JOIN US



Scan the QR code to learn more about our Wellness Centre.



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Our Activities

We support your lifestyle with a range of wellness activities to help you live a life you love, stay active, and make the most of each day.



- Table games
- Bingo
- Entertainment
- Information sessions
- Cards
- Exercise
- Crafts
- Movies
- Art sessions
- VR sessions

*We cater our activities based on groups and are always happy to try new things with our participants.

Group Bus Outings

We offer a monthly calendar of customised group activities and outings, including trips to:

- Cafes
- Parks
- Museums
- Concerts
- Farms
- Clubs
- Art galleries
- Wineries
- Restaurants

About Us

Cura Aged Care is a branch of Multicultural Communities Council Gold Coast (MCCGC). We have been supporting multicultural seniors for over 42 years.

Our staff speak more than 43 languages, serving participants from diverse cultural backgrounds.

Attendance at our Wellness Centre and group outings can be funded through:

- Support at Home Program (SAH)
- Commonwealth Home Support Program (CHSP)
- Fee-for-Service

Please reach out, and we can discuss the best way to support your attendance.



Don't miss out on the chance to join our Wellness Centre, make new friends from different cultures, and join in on fun activities. You can have a good time together in a welcoming, safe and friendly space.

