

# Wellness Centre Activities

## November *Schedule*

MON

TUE

WED

THU

FRI

Table Games

Bus Trip

Bingo



Exercise

Mini Golf

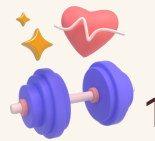



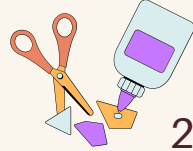
Triminos

Carpet Bowling

Health Information  
Session

Craft Workshops

Events

				Exercise Bingo  1
Bob Set Game 4	CLOSED 5	Rummy-O Game 6	Table Games  7	 THE MAHJONG 8
Triominos 11	CLOSED 12	Craft 13	Rummy-O Game 14	Mini Golf 15
Triominos 18	BUS TRIP  19	Anti-Stress- Therapy 20	Exercise Bingo 21	Table Games 22
Bob Set Game 25	CLOSED 26	Craft  27	Dominoes 28	Bob Set Game 29

Contact Us to Book

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# Bus Trip November

## **BBQ at Hinze Dam**

Hinze Dam is a stunning hinterland setting with a state-of-the-art information centre, onsite View Cafe, a wall walk, picnic grounds, pathways, secluded fishing coves and mountain bike trail. It is also a great destination for tourists and locals.

**Cost:** \$25 which includes transport, morning tea and lunch.

**Location:** At Hinze Dam

**Date:** Tuesday, 19th of November

**Time:** 10am - 2pm



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